

Adventures make one late for dinner.



Photo of the Week: Teleschool 2017! Picture taken by Matthew Russell.

Neil Mackenzie Adventure Grant:

The 2017 application deadline is January 29th, so get your applications in! Check out the Wiki for more information.

Upcoming Trips

THIS WEEK

<u>Ski workhike</u> January 11 --- VOC clubroom Help repair the fleet of VOC teleskis!

Avalanche awareness clinic

January 11 --- ESB 2012 Clinic is designed for those with no avalanche expertise or experience in the winter backcountry.

Winter social formal

January 12 --- VOC clubroom Join in for a potluck formal to celebrate the winter!

Snowshoe to Lynn Peak January 14 --- Lynn Peak Join for a snowshoe daytrip.

Winter Longhike January 14 - 15 --- TBD Learn to build a snow cave and join in for the evening activities such as a backcountry food cook-off.

NEXT WEEK Spearhead Huts slideshow

January 18 --- ESB 2012

Overnight ski touring (intermediate-advanced) January 20 - 22 --- Black Tusk Ski around the Black Tusk area in Garibaldi.

Introduction to backcountry skiing

January 21 - 22 --- Manning Park An introduction to skiing and winter camping in the backcountry.

Women in the backcountry

January 21 - 22 --- TBD Intended for intermediate skiiers with some previous backcountry touring experience.

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

Trip reports:

Why I dragged a snowboard up the Phelix trail

Teleschool: was a success! Thank you to all of the instructors and students.

Message Board Notes

- Constitutional changes vote at winter social
- Mountains 101
- Photo contest 2017
- <u>Down repair</u>
- Looking for used hangboard
- Assistance for snowpack survey fieldwork

Ms. Manners

Hey Ms. Manners,

It never fails - at the end of the day, I've always got really sore, damp feet. It's WAY more comfortable for me to take my socks off and let my feet breathe. Any suggestions to protect my car mates?

Thanks!

Smelly feet

Dear Smelly Feet,

I'd recommend you bring a pair of shoes and socks to change into in the car on the way back. A VOCer who shall remain anonymous once put his smelly shoes in a shared shoe bag in the car. Every time a person was dropped off and the bag was opened, the full wrath of the smell of his feet spread throughout the car. That is to be avoided. If you have particularly odorous feet, bring an individual plastic bag to keep your used socks and shoes in.

Cheers. Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette. Do you have a question for Ms. Manners? Email the VOCene editor and it will be forwarded on to Ms. Manners.

Ye Olde VOC:

Some popular words in the 70s in the VOC include: bumschussed, 'grungy' snow, and

Quote of the Week:

"An inconvenience is an adventure wrongly considered." --- Gilbert K. Chesterton

Weekly recipe:

Every now and then I'll include a recipe from the VOC wiki here. Try them out and share yours! Buy the instant jello powder puddings for a tasty backcountry dessert.

For questions, comments, or rants contact your clueless VOCene editor/Ms. Manners: vocene@ubc-voc.com