

VOCene

Adventures make one late for dinner.



Photo of the Week: This weekend's womens backcountry ski trip at Sphinx Hut. Picture likely taken by Joane Elleouet.

[Journal Articles / Photo contest 2017:](#)

Send in your journal articles! The submission deadline has been moved back to January 27th. And while you are at it, send in your photos for the photo contest.

[Neil Mackenzie Adventure Grant:](#)

Apply for funding for your next big outdoor adventure! The Neil Mackenzie Adventure Grant is an annual grant in memory of Neil who was a much-loved adventurer and VOCer and passed away tragically in 2015. Funding of up to \$2,000 is available for applicants to pursue a self-propelled outdoor adventure of their choice, with a preference for Scotland-based trips. Apply before January 29th!

Upcoming Trips

THIS WEEK

[VOC slideshow: Outdoor education](#)

January 25 --- ESB 2012

Come hear about what its been like working as a wilderness guide: adventures, successes, surprises, scariest situations, and most ridiculous poop stories.

[Journal editing party](#)

January 26 --- Caitlin's house

Read through submitted articles and edit.

[Burns 'n Turns](#)

January 28 - 29 --- Elfin Lakes

Pre-trip meeting tonight!

[Red Heather ski trip](#)

January 28 --- Red Heather

Skiing day trip to the Red Heather warming hut and back down to the cars.

NEXT WEEK

[Slideshow: ice climbing in the Rockies](#)

February 1 --- ESB 2012

Caitlin and Julien share stories from the past few years ice climbing in the Rockies.

[Journal editing party #2](#)

February 2 --- Caitlin's house

[Nephew of Icicle](#)

February 4-5 --- Marble Canyon

Learn to ice climb! It will be a smaller trip than Daughter of ice, with a lot less supervision. Rock-climbing experience as a pre-req.

[Feuerzangen-Brew ski trip](#)

February 4-5 --- Brew Hut

Go to Brew Hut, yo-yo some mellow slopes, and enjoy a warm hut of merry time with delicious mulled wine.

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

Trip reports:

[Snowshoe adventure at Lynn Peak](#)

[Snow caving at Seymour](#) - Winter Longhike 2017

Women in the backcountry: Seven women spent the weekend up at Sphinx Hut across Garibaldi Lake. Thank you Joane and Emily for organizing.



Introduction to Backcountry Skiing: A group of forty assembled at Fat Dog creek in Manning Park for a weekend of introductory skiing and winter camping. Stories of the mulled wine and songs have spread far and wide. Thank you Richard and Joe for organizing. Pictures taken by Alberto and Richard.



Overnight ski tour: A group went to the Black Tusk area for some skiing too.

Message Board Notes

- [Avalanche covering the Phelix approach trail](#)
- [How to find out which roads are plowed](#)

- [Mid-week Northshore alpine partners](#)
- [Scottish rock climbing guide book](#)
- [Tire chains](#)
- Looking for [Whistler ski partners](#)
- [Trail conditions on the North shore](#)
- Trip to [Red Rocks over reading week](#)

Ms. Manners

Dear Ms. Manners,

I'm a recovering cripple who really wants to get out in the mountains this weekend, though my doctor probably wouldn't recommend it. Currently I can walk all the way to the kitchen all by my self and only need ONE crutch around the city... What are my options?

Yours,
Cropped

Dear Cropped,

While going against your doctors wishes isn't very smart, when it comes to making decisions like this the average VOCer isn't very smart either! If you do choose to get out then you should at least pick somewhere easy to go and come up with a contingency plan in case the going gets tougher than you hoped; don't push it too far! Most of all, bring a truck load of REALLY good friends, you're going to need them!

Sincerely,
Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette. Do you have a question for Ms. Manners? Email the VOCene editor and it will be forwarded on to Ms. Manners.

VOCene #38; Jan. 24, 2017

Ye Olde VOC:

A weekly recollection of the past of the club.

In the late 60s and early 70s, a tradition at Longhike was the Chorus Line. New members of each gender would gather and together perform a dance of their choosing.

Quote of the Week:

"Now I see the secrets of making the best persons. It is to grow in the open air and to eat and sleep with the earth."

--- Walt Whitman

Weekly recipe:

Every now and then I'll include a recipe from the [VOC wiki](#) here. Try them out and share yours!

For questions, comments, or rants contact your clueless VOCene editor/Ms. Manners:
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