

Adventures make one late for dinner.



Upcoming Trips

civilization may be found. Photo credit: Taniya Adak

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THIS WEEK Backcountry Splitboarding day trip

April 2 --- Hanging Lake, Whistler Want to polish your AST1 skills and catch some fresh pow? Join Zack on an introductory

day-trip in the backcountry specifically tuned to splitboaders.

HitchBiking America
March 29th, 7:00 pm --- ESB 2012

Come to listen to Matthias' story about his bike journey from Alaska to Panama City.

NEXT WEEK

Trip reports:

Old-school Neve Ski Traverse

April 7th - Apr. 9th --- Garibaldi Neve

The idea is to do cross the Garibaldi Neve, a classic ski traverse in the Coast Mountains,

get them)! Email: il_kapralov@mail.ru

clad in old-school skiing/mountaineering attire.

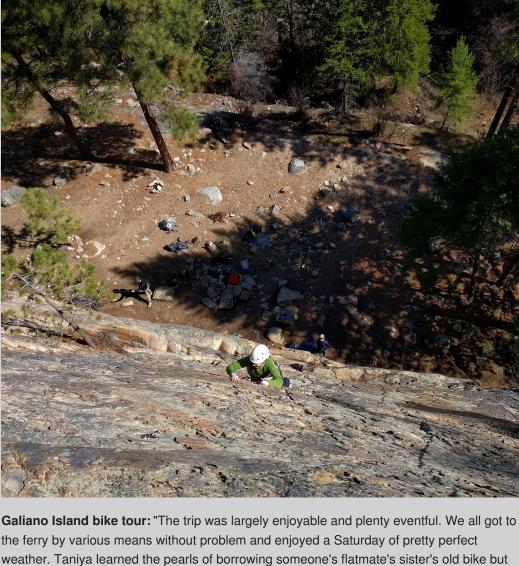
Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them to her intern (so that she doesn't have to harrass you to

Please don't forget to post Trip reports to keep Ms. Manners entertained. She loves reading your stories!

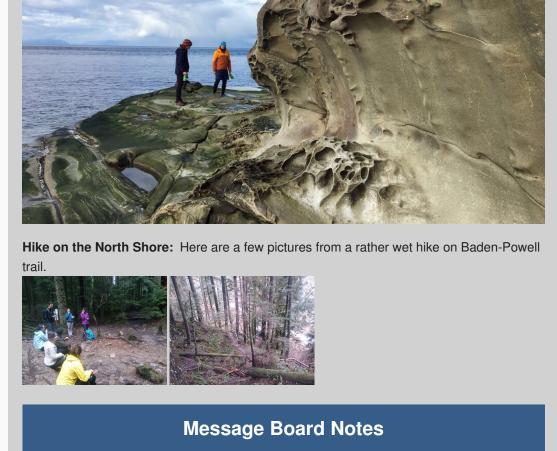
Anna La Lau

Climbing at Skaha: Carly, Kelsey, Zack, Ethan, and Anna went up to Skaha for some climbing and sunshine. Photo is of Carly climbing while Kelsey belays. Photo credit:



that bike again... Thankfully she was ok, and we got some lunch at a nearby cafe before catching the boat home." -- Ross. Trip report is coming soon! Photo credit: Taniya Adak

trooped through. Camp was in a great spot with views of seals, sea lions, otters, and golden eagles. The weather on Sunday was more motivational. Maybe this is what resulted in Taniya taking a steep hill a little too quickly, which resulted in falling off, a rather bashed head, and an Ambulance. On the bright side, no one is going to have to worry about using



Ms. Manners

Centennial Book production team looking for more members

Investigation of <u>Helicopter drops at Phelix</u>
 <u>Wilderness First Aid discount course</u>

VOCer looks for <u>sublet - May and June</u>

VOC does so much for me! I would never get into so many trips on my own and wouldn't know so many great people with out it. Is there any thing that I can do for the club to make it even better?

Hi Ms. Manners.

Thanks!

Getting into sailing

FS: BD Megawatts 178cm

<u>Trans-Canada Trail Challenge!</u>Exchange gear at <u>VOC Gear Swap</u>

VOC is 100! VOC Centennial organizing needs your help! They are currently looking for

Manners? Email the VOCene editor and it will be forwarded on to Ms. Manners.

volunteers to join our various planning committees. This is an extremely important year for the club, as we would like to hold a huge celebration with our alumni.

This is a great opportunity to network more within the outdoor community and get invoved

Exemplary VOCer.

Dear VOCer,

https://goo.gl/forms/qHVXnXbeHu4fcube2

Cheers,
Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette. Do you have a question for Ms.

Ye Olde VOC:

with the club! Please have a look at our form which describes each of the positions in detail!

VOCene #46; March 28, 2017

In the late 1960s and early 1970s, Longhike was a mandatory introduction to the club

in the form of a hike and evening celebration at the Whistler Cabin. New members would gather in groups by gender and perform a dance to music, referred to as the Chorus Line.

Quote of the Week:

"...when you can't make a mistake, you don't make a mistake Every move imperatively must be correct, one foul slip and you're a gonner."

Shane Monks O'Byrne. The North ramp of Mt. Harvey: a winter ascent

Weekly recipe: Every now and then I'll include a recipe from the <u>VOC wiki</u> here. Try them out and share yours!

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